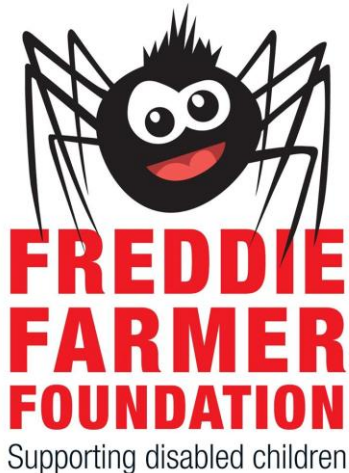


PRESS RELEASE

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ORPINGTON FAMILY WALK FOR FREDDIE

An Orpington man and his determined granddaughter took part in a sponsored walk to raise funds for the Freddie Farmer Foundation charity last month.

Allan Day walked from Orpington Hospital to Trafalgar Square on July 24. He was joined for the final stretch by his granddaughter, Nicole Seare, who was unable to do the whole walk because of a walking problem.

“We met at Westminster Bridge and walked together as a family to Trafalgar Square,” said Allan. “It was wonderful.”

13-year-old Nicole had been thinking about fundraising for a charity ever since hearing a radio advertisement about Cancer Research UK’s Race for Life.

“It took a lot of going over,” she said “but I finally figured out that I wanted to do a sponsored walk for people with illnesses who might not have as bright a future as me.

“My grandad had done a charity walk a couple of years ago, so I thought he’d be the best person to help!

“A few days before the walk we visited the Freddie Farmer physiotherapy centre and met the wonderful Karen who organised a tour around the centre, by the end we didn’t want to leave!

“We had a remarkable experience seeing the physiotherapy rooms and I even saw Freddie Farmer and his mum and some of the wonderful staff.

“The Freddie Farmer Foundation helps children with cerebral palsy and mobility problems.”

Karen Smith from the Freddie Farmer Foundation said: “It was lovely to meet Allan and Nicole and show them around the centre. Their support means the world to us.”

Nicole is already planning her next fundraiser for Freddie, a 24-hour sponsored silence.

“I hope to raise a lot of money!” said Nicole.

For further information about the Freddie Farmer Foundation please contact charity officer Karen Smith on 020 8313 3707, email karen@freddiefarmerfoundation.org.uk or visit the website www.freddiefarmerfoundation.org.uk.

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NOTES TO EDITORS

For more information, image or interview requests, please contact Carol Ann Walters on 020 8289 0460, 07780 703 600 or email carol@cawpr.co.uk

ABOUT FREDDIE FARMER FOUNDATION

The Freddie Farmer Foundation physiotherapy centre opened in April 2015 to provide intensive physiotherapy programmes for disabled children. The centre is one of a handful of independent UK therapy centres offering specialist equipment and therapeutic exercises, supporting disabled children from all over London and the South-east.

To find out more about Freddie Farmer Foundation, please visit www.freddiefarmerfoundation.org.uk