Now you can give every month by direct debit, for just the price of a coffee a week.

It's quick and simple to set up.

FREDDIE FARMER FOUNDATION
Supporting disabled children

DIRECT Debit

Instruction to your bank or building society to pay by Direct Debit

Please fill in the whole form including official use box using a ball point pen and send it to:

Freddie Farmer Foundation
Unit 2 Invicta Works
Elliott Road
Bromley
Kent
BR2 9NT

Service user number: 6 9 9 3 2 4

Name(s) of account holder(s)

Bank/building society account number

Branch sort code

Name and full postal address of your bank or building society

To: The Manager — Bank/building society

Address

Postcode

Reference

Name :
Address :
Telephone number :
Email Address :
Donation Amount : £

Instruction to your bank or building society
Please pay FCC Re Freddie Farmer Foundation Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with FCC Re Freddie Farmer Foundation and, if so, details will be passed electronically to my bank/building society.

Signature(s)

Date

Banks and building societies may not accept Direct Debit Instructions for some types of account DDI1

This guarantee should be detached and retained by the payer.

The Direct Debit Guarantee

DIRECT Debit

- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits
- If there are any changes to the amount, date or frequency of your Direct Debit FCC Re Freddie Farmer Foundation will notify you 10 working days days in advance of your account being debited or as otherwise agreed. If you request FCC Re Freddie Farmer Foundation to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by FCC Re Freddie Farmer Foundation or your bank or building society you are entitled to a full and immediate refund of the amount paid from your bank or building society
  - If you receive a refund you are not entitled to, you must pay it back when FCC Re Freddie Farmer Foundation asks you to
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.



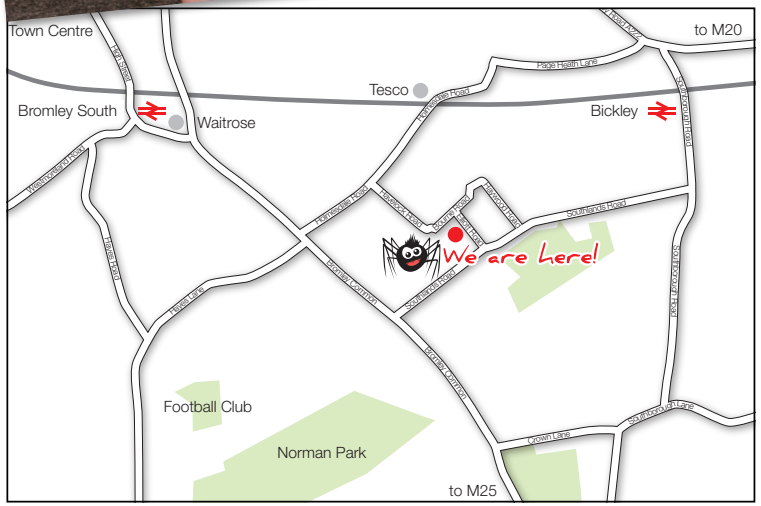
FREDDIE FARMER FOUNDATION
Supporting disabled children

Contact us

We'd love to hear from you!

Freddie Farmer Foundation
incorporating the Freddie Farmer
Physiotherapy Centre





Sign up for our newsletter. Keep up to date with news about Freddie Farmer Foundation by joining our mailing list.

Join the list tinyurl.com/freddienews

FREDDIE FARMER FOUNDATION

Supporting disabled children

info@freddiefarmerfoundation.org.uk
www.freddiefarmerfoundation.org.uk

Unit 2 Invicta Works, Elliott Road, Bromley BR2 9NT
020 8313 3707

@fffphysio FreddieFarmerFoundation FreddieFarmerFoundation

"Truly wonderful people who give disabled children the opportunity to improve."

Trustees: DJW Catchesides, MG Ash, DN Farmer, D Catchesides, S McMillan, R Doubtfire, S Dowling, D Spicer.

Registered Charity, England & Wales No. 1140588

Who we are and what we do

We are an independent charity, born out of the vision of Danny Catchesides who founded the Freddie Farmer Foundation charity in 2011 to raise funds to set up a subsidised physiotherapy centre for children with cerebral palsy and mobility problems.

The inspiration behind it all was his grandson, Freddie Farmer, who was born at 28 weeks with cerebral palsy, weighing just 2lbs 12oz.



We opened our doors in 2015 to provide intensive block session physiotherapy programmes for children aged 3-16 years affected by cerebral palsy and mobility problems, as well as providing support for their families and carers.

Today we support children with a variety of physical disabilities and from all backgrounds to take paediatric physical therapy to a whole new level by combining specialist equipment and therapeutic exercises using techniques pioneered in Poland.

But we can't provide these subsidised therapies without the generosity of people like you.



We provide access to highly experienced physiotherapists who use a unique and specialised piece of equipment called The Spider, with elasticated ropes so that children can do their exercises upright, several Therasuits (in various sizes) which consist of a series of elastic bungee type bands to properly align the body, support weak muscles and provide external stabilization, and MOTOmed motorised movement therapy.

We also use traditional therapeutic equipment such as parallel bars, paediatric steps, treadmills and thera benches to facilitate therapy.

"It's been brilliant for Jack. Everyone has noticed a big improvement in his speech, range of movement, happiness and confidence. It's been the making of him and he's loved every minute of it. Thank you!"

How you can help

Attend our fundraising events

Fundraising events are a vital way of supporting our work. That's why we organise two flagship events a year, a Black Tie Charity Ball and a Charity Golf Day.

Your support means the world to us

As well as our organised events, you can help support us by organising your own fundraising event, from a small cake sale, a raffle to a Challenge event or even a Skydive, if you're brave enough! The sky's the limit!

Other ways to support

There are lots of ways you can support us.
Here are a few suggestions:

- make a one-off gift or set up a regular direct debit payment
- join our HIGH FIVE monthly giving programme
- come along to one of our events
- take a collection box for your home or workplace
- get your club, pub, employer or community group to support us
- choose Freddie Farmer Foundation as your benefiting charity
- make a gift to us in your Will
- fund a therapy session.

DONATE NOW WITH JustGiving™

"Words cannot describe how delighted we are with the centre, it's a fantastic opportunity for all children with additional needs."



JOIN OUR HIGH FIVE MONTHLY GIVING PROGRAMME.

tinyurl.com/FreddieHighFive

MAKE A DIFFERENCE, EVERY SINGLE MONTH.